

One Thing

Group Study Questions

Opening Question:

If you could have a trophy case showcasing your life's accomplishments, what would be in it? How do you think that compares to what God values most?

General Observation:

1. What stood out to you most from the sermon? Was there anything that surprised you or challenged your thinking?

Understanding the Message:

2. The pastor talked about Paul's spiritual resume in Philippians 3. What were some of the things Paul listed as his accomplishments?

3. How did Paul's perspective on these accomplishments change after encountering Christ?

4. In the sermon, the pastor said, "Your spiritual activity is supposed to flow from your spiritual identity." What do you think this means practically?

Personal Application:

5. The sermon challenged us to examine what we're putting our confidence in. What are some areas in your life where you might be tempted to find your worth outside of Christ?

6. How would you describe your current level of "desperation for God," as the pastor put it? What tends to increase or decrease that in your life?

7. The pastor mentioned several potential distractions from pursuing Christ (phones, appearance, work, family). Which of these resonates most with you, and why?

Action Steps:

8. This week, try to identify one "distraction" in your life that may be keeping you from knowing Christ more deeply. What's one practical step you can take to address this?

9. The sermon emphasized the importance of confessing struggles to trusted believers. Is there an area of struggle you need to share with someone this week?

Sample Prayer:

"Lord Jesus, thank you that you have made us your own through your grace. We confess that often we put our confidence in things other than you - our accomplishments, our appearance, our possessions. Help us to see these things as rubbish compared to the surpassing worth of knowing you. Give us the strength to press on toward the goal of becoming more like you, forgetting what lies behind and straining forward to what lies ahead. May we find our identity and worth in you alone. Amen."